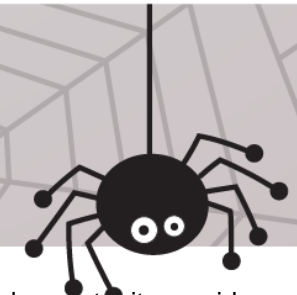


Monday	Tuesday	Wednesday	Thursday	Friday
Harvest Break 1	Harvest Break 2	Harvest Break 3	Harvest Break 4	Harvest Break 5
NO SCHOOL Columbus Day 8	Cheeseburger on Bun 9 Lettuce & Tomatoes Pickles, Mayo, Mustard Baby Carrots, Ranch Fresh Fruit Milk	Pork Roast 10 Mashed Potatoes Green Beans Homemade Dinner Roll Apples Milk	Beef over Noodles 11 Broccoli Homemade Muffins Peaches Fresh Fruit Milk	Flatbread Pizza 12 Roasted Garbanzo Beans Potato Wedges Oranges Fruit Salad Milk
Tomato & Rice 15 Soup Toasted Cheese Caesar Salad Applesauce Milk	Chicken Burger 16 Lettuce & Tomatoes Baked Lays Broccoli Mandarin Oranges Milk	Homemade Mac & 17 Cheese Baked Beans Caesar Salad Fresh Fruit Milk	Baked Lemon 18 Pepper Fish Sweet Potatoes Cauliflower Dinner Roll & Butter Peaches, Apple & Milk	Chicken Taco Salad 19 Ranch or Italian Dressing Homemade Muffins Fresh fruit Milk
Pepper Steak with 22 Onions and Peppers On Roll Baked Beans Spiced Apples Milk	Meatloaf & Gravy 23 Mashed Potatoes Broccoli Dinner Roll & Butter Fresh Fruit Milk	Chicken Pot Pie 24 Caesar Salad Chocolate Chip Cookie Fresh Fruit Milk	Chicken BBQ Burger 25 Baby carrots Colored Pepper Strips Ranch Dressing Applesauce, Oranges Milk	Sloppy Joe on Bun 26 Steamed Peas Doritos Peaches, Pears Milk
Beef Stroganoff 29 Egg Noodles Broccoli Dinner Roll & Butter Peaches Milk	Chicken Casserole 30 Dinner Roll & Butter Oranges Pineapple Milk	Pizzaburger on Roll 31 Potato Wedges Baby Carrots & Ranch Apple Brownies Milk		



The Maine Department of Education and the USDA are equal opportunity providers and employers. This institution is an equal opportunity provider.

All grains are whole grains. A variety a milk is offered daily.

Sunbutter sandwiches and yogurt bar are offered daily as an alternate lunch.

