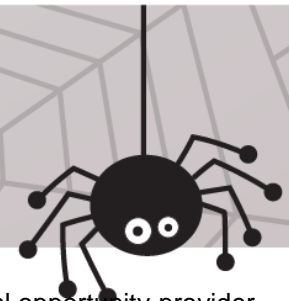


Monday	Tuesday	Wednesday	Thursday	Friday
Harvest Break 1	Harvest Break 2	Harvest Break 3	Harvest Break 4	Harvest Break 5
NO SCHOOL Columbus Day 8	Homemade Muffins 9 Fresh Fruit Juice Milk	Blueberry Smoothies 10 Fresh Fruit Juice Milk	Cinnamon Rolls 11 Fresh Fruit Juice Milk	Yogurt Parfaits 12 Fresh Fruit Juice Milk
Breakfast Pizza 15 Fresh Fruit Juice Milk	Blueberry Coffee 16 Cake Fresh Fruit Juice Milk	Bagels 17 Fresh Fruit Juice Milk	Egg & Cheese 18 McMuffin Fresh Fruit Juice Milk	Crumb Cake 19 Fresh Fruit Juice Milk
Donuts 22 Fresh Fruit Juice Milk	Blueberry French 23 Toast Fresh Fruit Juice Milk	Pancakes 24 Fresh Fruit Juice Milk	Scrumptious 25 Coffee Cake Fresh Fruit Juice Milk	Bagels 26 Fresh Fruit Juice Milk
Scrambled Eggs 29 Toast Fresh Fruit Juice Milk	Homemade Muffins 30 Fresh Fruit Juice Milk	Breakfast Pizza 31 Fresh Fruit Juice Milk		



The Maine Department of Education and the USDA are equal opportunity providers and employers. This institution is an equal opportunity provider.
 All Grains are multi or whole wheat grains.
 Cereal, yogurt and toast are available daily.